



RUSHMOOR BOROUGH COUNCIL

POLICY AND PROJECT ADVISORY BOARD

*To be held at the Council Offices, Farnborough on
Tuesday, 25th July, 2023 at 7.00 pm*

To:

Cllr Marina Munro (Chairman)
Cllr Jessica Auton (Vice-Chairman)

Cllr A. Allen
Cllr Jib Belbase
Cllr Michael Hope
Cllr Peace Essien Igodifo
Cllr T.W. Mitchell
Cllr M.J. Roberts
Cllr Calum Stewart
Cllr Becky Williams
Cllr G. Williams

Standing Deputies:

Cllr Gaynor Austin
Cllr P.J. Cullum
Cllr Halleh Koohestani
Cllr Jacqui Vosper

Enquiries regarding this agenda should be referred to the Administrator, Adele Taylor, Democracy Team, Tel. (01252) 398831, Email. adele.taylor@rushmoor.gov.uk.

A G E N D A

1. **MINUTES** – (Pages 1 - 2)

To confirm the Minutes of the Meeting held on 27th June, 2023 (copy attached).

2. **ADDRESSING INEQUALITIES - MENTAL HEALTH AND WELLBEING** – (Pages 3 - 124)

There is increasing evidence that the overall mental health and wellbeing of communities continues to worsen post covid and that people from disadvantaged backgrounds are the most affected. Data from Hampshire Public Health indicates that approaching 1 in 7 people have depression and over 21% report a high anxiety score in Hampshire. The Policy and Project Advisory Board have agreed to undertake some focused work to understand the current situation in the Borough and existing and planned provision for Mental Health services available for residents. The Board will explore current activity supporting mental wellbeing and the prevention of mental illness.

The Board will also consider whether the Council signing the Prevention Concordat for Better Mental Health would be beneficial [Prevention Concordat for Better Mental Health - GOV.UK](#). A briefing note providing some background on the Concordat is attached.

It is anticipated that this work will run over 2-3 sessions with this initial session providing a number of inputs to provide Members with detail on mental health and wellbeing support and prevention that is available from the NHS, County Council and projects contained within Rushmoor's Supporting Communities Strategy. There will also be an introduction to the Concordat and the arguments supporting an increased focus on prevention. Following these presentations, Board Members will be asked to discuss what they have heard and identify areas where they would like to focus at the next session(s).

Once the Board have concluded their review and consideration of the data and evidence they will consider implications and proposed changes for the Council's Supporting Communities Strategy as a result.

Links to documents to support the first session include:

Hampshire Mental Wellbeing Strategy and Suicide Prevention Plan - PowerPoint Presentation (hants.gov.uk) (copy attached).

Creating Healthier Communities Strategy - [Frimley ICS Strategy - March 2023 \(frimleyhealthandcare.org.uk\)](https://frimleyhealthandcare.org.uk) (copy attached) and **Frimley ICS NHS Joint Forward Plan [Joint Forward Plan \(frimleyhealthandcare.org.uk\)](https://frimleyhealthandcare.org.uk)** (for Mental Health Services see p24) (an extract from the Forward Plan is attached and the full copy can be found via the link).

Rushmoor Supporting Communities Strategy – Supporting Communities Strategy – Update - 2023 (copy attached) and an appendix on achievements and current actions (copy attached).

3. **WORK PLAN –** (Pages 125 - 130)

To discuss the Policy and Project Advisory Board Work Plan (copy attached).

MEETING REPRESENTATION

Members of the public may ask to speak at the meeting on any of the items on the agenda by writing to the Panel Administrator at the Council Offices, Farnborough by 5.00 pm two working days prior to the meeting.

Applications for items to be considered for the next meeting must be received in writing to the Panel Administrator fifteen working days prior to the meeting.
